

Three Days on the Sunshine Coast

Mountain views and beach days are calling



The Sunshine Coast is calling! Soak in breath-taking views of the Glass House Mountains, swim in the surf, and sample the fresh local produce all in one wonderful weekend away.

1 Day one

Morning:

Explore the Sunshine Coast a short 60-minute drive north from Brisbane or a via direct flight into the Sunshine Coast Airport.

Start the morning soaking in the coastal views along the Caloundra Coastal Walk. The entire walk is 25kms (16 miles) from start to finish but can be enjoyed as a stroll along smaller sections.

Take to the walk from Warana to Point Cartwright for views of the heritage-listed lighthouse, keeping your eyes on the ocean for humpback whales passing between the months of June and November.

Once you've explored the lighthouse make your way to Mooloolaba for a refreshing

dip at the beach or hit the waves with a surf lesson from **XL Surfing Academy**.

Afternoon:

Sail along the canals of the Mooloolah River with Saltwater Eco Cruises aboard their century-old historic timber sailing vessel, **Spray of the Coral Coast**.

Spend two hours cruising the river on their **Sunset Tour**, **Saltwater Cultural Tour**, **Native Bushfoods & Seafood Cruise**, **Cultural Whale Watching Cruise**, or book a private charter.

Evening:

End the day with a dinner reservation at Mooloolaba's award-winning Asian fine dining restaurant, **Spice Bar**.

For the ultimate degustation experience, enjoy the five or seven-course chef's selection tasting menu paired with a drink from the cocktail, sake, or wine menu.

Overnight:

Spend the night by the seaside at one of Mooloolaba's many **accommodation** options.



Food

From breakfast to dinner, long brunches, and afternoon tapas you'll find endless opportunities to dine with a view of the Sunshine Coast's famous surf breaks. Kick back and relax with a wine in hand while enjoying local produce including fresh seafood and farm-to-table experiences. If **craft beer** is more to your taste you're in the right place! The Sunshine Coast is home to the most breweries per capita in Australia.



Did you know?

You can swim with humpback whales just off the coast of Mooloolaba. Dive in the water and snorkel with one of the largest ocean mammals with a **Sunreef whale swim** as they migrate along the Sunshine Coast. It's also likely you'll spot dolphins and turtles along the way.



Local Tip


Taste local produce, fresh from the source at one of the weekend farmers markets. For a guaranteed Sunshine Coast market experience, be sure to visit Eumundi Markets running every Saturday and Wednesday.

Home to 100 kilometres (62 miles) of pristine coastline and sandy beaches, flanked by the lush hinterland, rainforest trails and volcanic peaks, a long weekend on the Sunshine Coast gifts an abundance of natural delights.

 **3 Days
2 Nights**

Weather

Average temperature is 29°C | 84.23°F in summer (December - February) and 21°C | 69.8°F in winter (June - August)

 **How to get there
and get around**

Self-drive, one hour north of Brisbane

Brisbane Airport (BNE) and Sunshine Coast Airport (MCY) services the region

Traveller type

Couple, Solo, Family or Travelling with Friends and Relatives

Wildlife calendar

 **Whale season**
June - November

Best time to visit

The Sunshine Coast enjoys tropical conditions all year round, making it an ideal place to holiday any time of year

Queensland
AUSTRALIA

Three Days on the Sunshine Coast

Mountain views and beach days are calling



Mary Cairncross Scenic Reserve



Shopping in Montville



Maleny Botanic Gardens & Bird World

2 Day two

Morning:

Rise and shine with the sun and enjoy an early breakfast at one of the foodie hotspots along the Mooloolaba Esplanade.

Once you're fuelled with food and caffeine, hit the road and head north to Nambour, taking the Blackall Range Tourist Drive, which gifts breath-taking views of the coastline and Glass House Mountains as you make your way into the Hinterland.

Beat the heat with a cold one at **Brouhaha Brewery** in Maleny, a craft brewery serving up a rotating seasonal menu. If you're eager to taste your way through their brews, The Core Four or All Ten Taps tasting flights are the way to go.

Afternoon:

Lace up your walking shoes and explore the rainforest along the 1.7km (0.43 miles) Mary Cairncross Rainforest Walk exploring the lush greenery of the subtropical plants and trees home to an abundance of native birdlife and butterflies.

Alternatively, head to **Maleny Botanic Gardens and Bird World** and explore the very photogenic gardens home to thousands of plants including some of

the rarest cycads in the world alongside numerous lakes and waterfalls. Get up close and personal with the resident birds with a walk-through the four onsite aviaries, home to over 700 native and exotic birds.

Evening:

End the day with French Bistro dining and enjoy a degustation at **The Long Apron**. Serving up classic French dishes, choose from an a la carte or tasting menu experience at Spicers Clovelly Estate's hatted restaurant.

Overnight:

No need to travel far from dinner, spend the night at the **Spicers Clovelly Estate** making the most of the French inspired luxury accommodation in Montville.

3 Day three

Morning:

Enjoy a morning indulging in retail therapy making your way into the many shops along the main street of Montville.

Soak in the panoramic views of the Hinterland with a long lunch at **The Edge Cafe, Bar and Restaurant** perched on the edge of the escarpment.

Afternoon:

Before saying goodbye to the Sunshine Coast, spend your final afternoon at **QCamel**, a primary producer of camel milk products on the Sunshine Coast. Enjoy 'Camel Cuddles' and a special behind-the-scenes farm gate experience.

Visit teq.queensland.com/trade/itineraries



Wildlife calendar

The Sunshine Coast is home to over 700 native species. Spot Kangaroos, wallabies, koalas, year-round as well as turtles, over 300 species of bird life from honey eaters to emus, reptiles, and an abundance of marine animals including six types of whales.

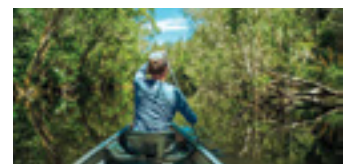


Sunshine Coast Craft Beer Tours



Must see and do

Explore one of Queensland's favourite resort playgrounds, Noosa. Relax by Noosa Main Beach for the day or hit the boutique shops along bustling Hastings Street. Grab a bite to eat with ocean views at one of the award-winning restaurants, cafes, and bars lining the beach.



Did you know?

The Noosa Everglades is one of only two everglade systems in the entire world - and the only one you can safely swim in. Kayak, sail, paddle, or enjoy bird watching with more than 40% of Australia's bird species found in the diverse everglade ecosystem.



Spicers Clovelly Estate